

Last Name: _____ First Name: _____ MI: _____
 Nickname: _____ Date of Birth: _____ Age: _____ Sex: _____

Present Health Concerns

Please list your child's health concerns in order of priority, including date of onset and severity of symptoms.

1. _____
2. _____
3. _____
4. _____
5. _____

What do you believe is causing your child's most important health concerns? _____

What goals do you have for your child's visit today? _____

Healthcare Practitioners: Please list your child's current medical practitioners with their contact information.

| | Practitioner's Name | Office Name | City | Phone |
|--------------|---------------------|-------------|------|-------|
| Pediatrician | | | | |
| Specialist | | | | |
| Specialist | | | | |
| Therapist | | | | |
| Pharmacy | | | | |

Medications: Please list any prescription drugs, over-the-counter medications and supplements (vitamins, minerals, nutrients, herbs, homeopathic remedies, etc.) you child is currently taking.

| Medication/Supplement | Reason | Date began | Dose |
|-----------------------|--------|------------|------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Allergies: Please list and describe any severe or life-threatening allergies (medications, stings, foods, etc.):

(OVER)

Past Medical History: Please list the date of or age at each event and describe:

Serious Illnesses and Injuries: _____

Surgeries: _____

Hospitalizations: _____

Date of last physical: _____ Date of last blood tests: _____

Childhood Illnesses: Your child's health is: ☐ Good ☐ Fair ☐ Poor

- | | | |
|--|--|--|
| <input type="radio"/> Chicken Pox | <input type="radio"/> Mononucleosis (Mono) | <input type="radio"/> Rheumatic Fever |
| <input type="radio"/> Diphtheria | <input type="radio"/> Mumps | <input type="radio"/> Tonsillitis |
| <input type="radio"/> Ear Infections | <input type="radio"/> Pertussis (whooping cough) | <input type="radio"/> Scarlet Fever |
| <input type="radio"/> German Measles (Rubella) | <input type="radio"/> Pneumonia | <input type="radio"/> Strep Throat (recurrent) |
| <input type="radio"/> Measles | <input type="radio"/> Polio | <input type="radio"/> Positive TB test |
| <input type="radio"/> Other: _____ | | |

Immunizations: Indicate which immunizations have been given to your child and any adverse reactions.

- ☐ All immunizations up to date ☐ Delayed schedule ☐ Refused immunizations
- | | |
|---|--|
| <input type="radio"/> DTP or <input type="radio"/> DTaP _____ | <input type="radio"/> Pneumococcus (PCV) _____ |
| <input type="radio"/> MMR _____ | <input type="radio"/> Hep B _____ |
| <input type="radio"/> Polio (<input type="radio"/> IPV or <input type="radio"/> OPV) _____ | <input type="radio"/> Varicella _____ |
| <input type="radio"/> Hib _____ | <input type="radio"/> Other _____ |

Pregnancy History: Birth Mother: # of pregnancies: _____ # of children: _____ Age at delivery: _____

Please check any factors during pregnancy. Health during pregnancy: ☐ Good ☐ Fair ☐ Poor

- | | | |
|---|--|-------------------------------------|
| <input type="radio"/> Alcohol Consumption | <input type="radio"/> Nausea | <input type="radio"/> Toxemia |
| <input type="radio"/> Bleeding | <input type="radio"/> Recreational Drugs | <input type="radio"/> Trauma/Injury |
| <input type="radio"/> High Blood Pressure | <input type="radio"/> Smoking | <input type="radio"/> X-Ray |
| <input type="radio"/> Stress | <input type="radio"/> Medications: _____ | |

Other health problems or complications during pregnancy: _____

Birth History:

Term: ☐ Early _____ weeks ☐ Full Term ☐ Late _____ weeks Length of labor: _____ hours

Place of Birth: ☐ Hospital ☐ Birth Center ☐ Home ☐ Other: _____

Birth Medications (if any): _____

Complications: _____

Newborn: Weight at birth: _____ lbs _____ oz Home from hospital in _____ days

- | | | |
|--------------------------------|---------------------------------|--------------------------------|
| <input type="radio"/> Jaundice | <input type="radio"/> Infection | <input type="radio"/> Seizures |
| <input type="radio"/> Cyanosis | <input type="radio"/> Fever | <input type="radio"/> Anemia |

Other important conditions: _____

Feeding: ☐ Breast Fed _____ months ☐ Formula Fed _____ months Type of formula _____

Developmental Milestones: Please indicate your child's age at each milestone:

| | | |
|---------------------|-----------------------------|-----------------------------|
| Sit up _____ months | First Tooth _____ months | Toilet Trained _____ months |
| Crawl _____ months | First Word _____ months | |
| Walk _____ months | First Sentence _____ months | |

Additional comments about social, cognitive, or physical development: _____

(OVER)

Personal and Family Medical History:

Please check the ☒ box next to each condition that applies to your child or his/her biological family members.

Key: P=Paternal; M=Maternal; GF=Grandfather; GM=Grandmother

| | Grandparents | | | | Siblings | | | | | | | |
|----------------------------------|--------------|-----|-----|-----|----------|-----|-----|--|--|--|--|--|
| | Child | Mom | Dad | PGM | PGF | MGM | MGF | | | | | |
| Current Age or Age at Death | | | | | | | | | | | | |
| Alcohol/Drug Abuse | | | | | | | | | | | | |
| Allergies or Hay Fever | | | | | | | | | | | | |
| Alzheimer's or Dementia | | | | | | | | | | | | |
| Anemia | | | | | | | | | | | | |
| Anxiety / Panic Attacks | | | | | | | | | | | | |
| Arthritis / Joint Disease | | | | | | | | | | | | |
| Asthma | | | | | | | | | | | | |
| Autoimmune Disease | | | | | | | | | | | | |
| Bleeding Disorder | | | | | | | | | | | | |
| Cancer (what type?) | | | | | | | | | | | | |
| Celiac Disease | | | | | | | | | | | | |
| Crohn's Dis./ Ulcerative Colitis | | | | | | | | | | | | |
| COPD / Emphysema | | | | | | | | | | | | |
| Depression / Suicide attempt | | | | | | | | | | | | |
| Diabetes | | | | | | | | | | | | |
| Eczema | | | | | | | | | | | | |
| Epilepsy or Seizures | | | | | | | | | | | | |
| Glaucoma | | | | | | | | | | | | |
| Gall Bladder Disease | | | | | | | | | | | | |
| Migraines / Headaches | | | | | | | | | | | | |
| Heart Attack | | | | | | | | | | | | |
| Heart Disease | | | | | | | | | | | | |
| High Blood Pressure | | | | | | | | | | | | |
| High Cholesterol | | | | | | | | | | | | |
| HIV / AIDS | | | | | | | | | | | | |
| Kidney Disease | | | | | | | | | | | | |
| Liver Disease / Hepatitis | | | | | | | | | | | | |
| Macular Degeneration | | | | | | | | | | | | |
| Osteoporosis | | | | | | | | | | | | |
| Schizophrenia | | | | | | | | | | | | |
| Stroke | | | | | | | | | | | | |
| Thyroid disorder | | | | | | | | | | | | |
| Other: | | | | | | | | | | | | |
| Other: | | | | | | | | | | | | |

Social History

Parents: ☐ Biological ☐ Adoptive ☐ Foster ☐ Step-parent(s)

Parents' Marital status: ☐ Single ☐ Married ☐ Divorced ☐ Re-married ☐ Widowed ☐ Significant Other

Mother's Occupation: _____ Full or Part Time Father's Occupation: _____ Full or Part Time

Siblings: ☐ Yes ☐ No Please list their age(s) _____

Household: ☐ Parent(s) ☐ Sibling(s) ☐ Grandparent(s) ☐ Pet(s) _____

☐ Other _____

Pre-School/Daycare/School: _____ Hours per day: _____ Days per week: _____

Personality and Habits:

How does your child react to stressful events? _____

What are your child's primary sources of stress? _____

How much does stress impact your child's life? _____ Hours of play per day? _____

Favorite activities? _____

Does your child:

Exercise regularly? ☐ Yes ☐ No What kind? _____

Sleep soundly and wake rested? ☐ Yes ☐ No If no, why? _____

Sleep: _____ hours per night Naps: _____ hours per day

Play well with others? ☐ Yes ☐ No If no, why? _____

Enjoy time alone? ☐ Yes ☐ No If no, why? _____

Have sensory sensitivities? ☐ Yes ☐ No What kind? _____

Have strong fears or phobias? ☐ Yes ☐ No What kind? _____

Have rituals/repetitive behaviors? ☐ Yes ☐ No What kind? _____

Diet:

Age Solid Foods Begun: _____ months First Foods: _____

Age of Introduction for: Dairy (cow's milk) _____ months Wheat: _____ months

Does your child have any dietary restrictions? _____

Your child's favorite foods? _____

Foods your child refuses? _____

How is your child's appetite? _____ Thirst? _____

Please describe a typical day below:

| Breakfast Time: _____ | Lunch Time: _____ | Dinner Time: _____ | Snacks Times: _____ |
|--------------------------|----------------------|-----------------------|------------------------|
| | | | |

Water: _____ oz. per day Other beverages: _____

What else would you like us to know about your child?